

Understanding the Basics of Clinical Microbiology.

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Disclosures:

- ▶ None

Objectives:

1. Describe the utility of laboratory testing/chemistries in the workup of infection.
2. Describe general microbiologic culture and susceptibility methods and their associated time courses.
3. Describe some forms of rapid diagnostic testing (RDTs)

Learning Assessment:

1. T/F – Elevations in inflammatory biomarkers including (ESR, CRP, PCT, and WBC) indicate the presence of an infectious condition.
2. Which of the following is a catalase positive, coagulase positive, latex positive GPC?
 - ▶ *Staphylococcus aureus*
 - ▶ *Streptococcus pyogenes*
 - ▶ *Staphylococcus epidermidis*
 - ▶ *Streptococcus pneumoniae*
3. Which susceptibility testing method provides a formal MIC? (circle all that apply)
 - ▶ Broth microdilution (BMD)
 - ▶ Epsilometer test (E-test)
 - ▶ Kirby-Bauer disk diffusion

Start at the Beginning:

- ▶ 70 y/o female found down in her assisted living facility (ALF). Nurse at ALF notes patient complaining vaguely of "malaise" and appeared to be slightly more confused for 1-2 days prior to being found down.
 - ▶ She is intubated in the ED for hypoxia and inability to protect airway.
- ▶ PMH: Diabetes, dementia, CVA, hypertension, hyperlipidemia, COPD, CHF, and history pneumonia (5 months prior).
- ▶ Physical exam:
 - ▶ Gen: intubated obese white female
 - ▶ Neuro: Not responsive to voice or touch, passive movement of all extremities
 - ▶ ENMT: NG, Endotracheal tube in place
 - ▶ Resp: Lungs with crackles bilaterally
 - ▶ CV: Hypotensive (starting norepi), tachycardic, no murmurs
 - ▶ GI: Distended with present bowel sounds
 - ▶ GU: Foley in place
 - ▶ Musculo: No edema
 - ▶ Skin: open wound to left calf (chronic appearing – venous stasis ulcer) with surrounding erythema

Start at the Beginning:

- ▶ Vitals from ED: Temp 101.8, BP 90/55 (non-responsive to 2L NS), Pulse 113, RR 32, O₂ Saturation = 82% on 10 L NC
- ▶ Labs: WBC 27 (34% bands), SCr 2.3 (baseline 1.15), H/H 9.5/28.1, pLts 225, lactate 5.5, CRP 225, ESR 12, and Procalcitonin 9.1.
 - ▶ UA: 4+ Leukocyte esterase, 2+ bacteria, >150 wbc, nitrite positive, 0 RBC, and hazy brown
- ▶ Imaging:
 - ▶ CXR: Bibasilar infiltrates vs. atelectasis (R>L), cannot exclude pneumonia
- ▶ Cultures:
 - ▶ Blood (peripheral): Pending
 - ▶ Urine (foley): Pending
 - ▶ Respiratory (Endotracheal aspirate): Pending

Why do we think she is infected?

- ▶ Clinical Presentation!
 1. Constellation of symptoms → Septic Shock
 - ▶ Hypotension (not responsive to fluids → vasopressor dependent)
 - ▶ Tachycardia
 - ▶ Fever
 - ▶ Leukocytosis
 - ▶ End organ damage: Altered mental status and elevated SCr
 2. Imaging:
 - ▶ CXR with? Pneumonia
 3. Non-specific labs:
 - ▶ WBC (bands)
 - ▶ Lactate
 - ▶ Pro-inflammatory markers: CRP, ESR, Procalcitonin
 - ▶ Positive UA?

Non-specific Lab Tests:^{1,2}

- ▶ There is NO single definitive test for identification of infection!
 - ▶ i.e. All have limitations
 - ▶ Always should be paired with clinical presentation.
- ▶ Examples:
 - ▶ White Blood Cell (WBC) Count:
 - ▶ Elevate in response to infection
 - ▶ Also elevate in response to: Drugs (i.e. steroids), stress, inflammation, etc.
 - ▶ Bands = immature neutrophils
 - ▶ "Left Shift": >9% bands
 - ▶ Lactate:
 - ▶ Demonstrates shift to anaerobic metabolism / illustrates tissue hypoperfusion
 - ▶ Elevates in response to shock, tissue ischemia, severe liver disease, and some medication (metformin)

Non-specific Lab Tests:¹⁻³

- ▶ CRP and ESR:
 - ▶ C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR):
 - ▶ Non-specific acute phase reactant (i.e. non-specific inflammatory marker)
 - ▶ Elevate vaguely in response to inflammation
 - ▶ Generally CRP reacts faster than ESR
 - ▶ Better for trending chronic infections vs. determining if infection present.
 - ▶ Erythrocyte sedimentation rate (ESR)
 - ▶ Non-specific inflammatory marker
 - ▶ Generally reacts slower than CRP
- ▶ Procalcitonin:
 - ▶ 116 amino acid precursor of calcitonin
 - ▶ More sensitive than CRP at detecting bacterial infection
 - ▶ Detectable in 2-4 hours / Peak = 8-24 hours / Half-life = 24 hours
 - ▶ Rises not impaired by neutropenia or immunosuppression
 - ▶ Most useful in community-acquired lower respiratory tract and sepsis

Non-specific Lab Tests:^{4,5}

- ▶ Urinalysis:
 - ▶ Color and Clarity: Non-specific
 - ▶ Nitrites:
 - ▶ Reductase: Nitrates → Nitrites
 - ▶ Weakly sensitive/highly specific for the PRESENCE of bacteria.
 - ▶ Leukocyte Esterase:
 - ▶ Produced by neutrophils
 - ▶ Indicates pyuria
 - ▶ WBC: Grades the pyuria
 - ▶ Bacteria: May signal contamination, ASB, or infection
 - ▶ Squamous Epithelial Cells: May help determine quality of specimen.

| | |
|------------------------|----------|
| COLOR | Abn |
| CLARITY | Cloudy |
| Specific Gravity | 1.017 |
| PH UA | 6.0 |
| GLUCOSE UA | 1+ |
| KETONES UA | Trace |
| PROTEIN UA | 2+ |
| BLOOD UA | 3+ |
| LEUKOCYTES UA | Negative |
| NITRITE UA | Negative |
| UROBILINOGEN UA | None |
| ASCORBIC ACID UA | Negative |
| LEUKOCYTES ESTERASE UA | 3+ |
| RBC UA | 20-50 |
| RBC UA | 50-100 |
| SQUAMOUS EPITHELIAL UA | 0-1 |
| BACTERIA UA | 1+ |
| HYALINE CASTS UA | >20 |
| GRAVULAR CASTS UA | 2-14 |
| MUCUS UA | Present |

Asymptomatic Bacteriuria (ASB):⁵

- ▶ No matter what Bear Grylls tells you...
 - ▶ ...urine is not a sterile body fluid.

- ▶ A "dirty" UA or "pyuria" in the absence of symptoms is NOT an indication for antimicrobial therapy.

- ▶ Caveats:
 - ▶ Pregnancy
 - ▶ ASB during procedures which will compromise of urinary mucosa.

Table 2. Prevalence of asymptomatic bacteriuria in selected populations.

| Population | Prevalence, % | Reference |
|--|---------------|-----------|
| Healthy, premenopausal women | 1.0-6.0 | [31] |
| Pregnant women | 1.9-8.6 | [31] |
| Postmenopausal women aged 50-70 years | 2.8-8.6 | [31] |
| Diabetic patients | | |
| Women | 9.5-27 | [32] |
| Men | 0.7-11 | [32] |
| Elderly persons in the community* | | |
| Women | 10.8-16 | [31] |
| Men | 3.6-19 | [31] |
| Elderly persons in a long-term care facility | | |
| Women | 29-90 | [27] |
| Men | 16-40 | [27] |
| Patients with spinal cord injuries | | |
| Intermittent catheter use | 23-69 | [33] |
| Self-injecting and condom catheter in place | 57 | [34] |
| Patients undergoing hemodialysis | 26 | [35] |
| Patients with indwelling catheter use | | |
| Short-term | 9-23 | [36] |
| Long-term | 100 | [32] |

* Age >70 years.

Cultures...the basics:^{1,6-9}

1. Only culture something...if you plan to use the culture to guide therapy.
 - ▶ May NOT always be necessary (i.e. uncomplicated CAP or perforated appendicitis)
2. Always culture PRIOR to administration of antibiotics if possible.
 - ▶ Sepsis is the obvious exception
 - ▶ 7.6% increase in mortality for every hour antimicrobial therapy is delayed.
3. Take care to avoid contamination with patient's usual flora.
4. Interpret cultures with a critical eye:
 - ▶ What source/type of culture was obtained?
 - ▶ What was the culture method?
 - ▶ What did the gram-stain/grouping show?
 - ▶ What grew?
 - ▶ Does what grew match the clinical suspicions?
 - ▶ What did susceptibilities show?

Culture Source/Type:¹

- ▶ Source:
 - ▶ Blood
 - ▶ Wound, bone, tissue, abscess
 - ▶ CSF
 - ▶ Respiratory
 - ▶ Stool
 - ▶ Urine
 - ▶ Body fluid (pleural, ascites, etc.)
- ▶ Type:
 - ▶ Aerobic
 - ▶ Anaerobic
 - ▶ Fungal
 - ▶ Acid fast bacilli

Culture Source/Type:¹

- ▶ Some variance in microbiology processing:
 - ▶ BACTEC alert device
 - ▶ Blood
 - ▶ Gram-stain negative Body Fluids
 - ▶ Required additional processing:
 - ▶ Tissue
 - ▶ Bone
 - ▶ Straight to plate
 - ▶ Wound
 - ▶ Respiratory
 - ▶ Urine
 - ▶ Gram-stain positive
 - ▶ CSF



Culture Source/Type:^{1,8-11}

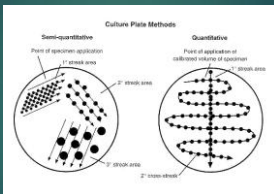
- ▶ Anticipate pathogen based on location of infection.
 - ▶ Skin and Soft Tissue Source:
 - ▶ Skin flora (Staphylococcus/Streptococcus)
 - ▶ Respiratory Source: *S. pneumoniae*, *M. catarrhalis*, *L. pneumophila*, *M. Pneumoniae*, *C. pneumoniae*, *H. influenzae*.
 - ▶ Hospital-acquired: MDRO gram-negative rods (including *P. aeruginosa*) and *S. aureus*
 - ▶ GI Source: *E. coli*, *Klebsiella spp.*, *B. fragilis*, *S. anginosus*, *Enterococcus spp.*

Culture Method:¹⁰⁻¹⁴

- ▶ How was it collected?
- ▶ Is it a good specimen?
- ▶ Could it be contaminated?
- ▶ General features:
 - ▶ Look for presence of WBC
 - ▶ Look for absence of squamous epithelial cells
- ▶ Respiratory:
 - ▶ Sputum (expectorated) vs. sputum (suction)
 - ▶ Endotracheal aspirate vs. Bronchoalveolar lavage (BAL) vs. mini-BAL
- ▶ Wounds:
 - ▶ Purulent vs. Non-purulent
 - ▶ Superficial swab vs. tissue/biopsy
 - ▶ Chronic ulcer vs. acute wound
- ▶ Blood:
 - ▶ ? Contaminant
 - ▶ How many bottles of how many draws?
 - ▶ How long did it take to grow?

Culture Method:¹⁵

- ▶ Semi-quantitative:
 - ▶ Attempts to ESTIMATE the quantity of organisms in a given culture.
 - ▶ Cultures plated in one quadrant on plate
 - ▶ Growth in primary quadrant = 1+
 - ▶ Extension characterized as 2+, 3+, and 4+



- ▶ Quantitative:
 - ▶ Provides more robust estimate of number of organisms in a given culture.
 - ▶ Requires fluid specimen.
 - ▶ One mL of specimen is plate in plated and depending on growth on streak estimate made. i.e. >100,000 cfu/mL

Gram Stains:¹

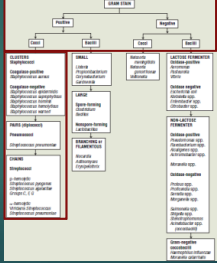
- ▶ Specimen applied to slide
- ▶ Crystal violet stain applied followed by iodine.
- ▶ Alcohol decolorizing solution applied
- ▶ Counterstain with safranin
- ▶ Gram-negative; Red/Pink
- ▶ Gram-positive; Purple in appearance

Gram Stains:¹⁶

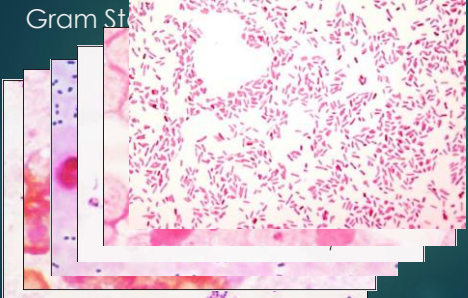
- ▶ Grouping:
- ▶ More relevant in gram positive cocci (GPC):
 - ▶ Staphylococcus spp. → GPC pairs, tetrads, and clusters
 - ▶ Streptococcus spp. / Enterococcus spp. :
 - ▶ Generally: GPC in chains
 - ▶ LONG chains → Beta-hemolytic strep or S. viridans
 - ▶ Diplococci and chains → S. pneumoniae
- ▶ What about... GPC pairs?



Gram Stains/Grouping:¹



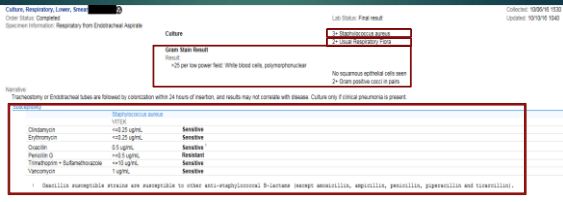
Gram Stain



Gram Stains x 2:

- ▶ Specimen received
- ▶ Initial gram stain (1-6 hours)
- ▶ Plated and grown (24-48 hours)
- ▶ Growth gram stain
- ▶ Organism identification (0-24 hours)
- ▶ Susceptibilities (18-24 hours)

Gram Stains → Plate Growth:



| Antibiotic | Concentration | Sensitivity |
|----------------|---------------|-------------|
| Chlortamoxon | ~0.25 µg/ml | Sensitive |
| Sulfamonomoxon | ~0.25 µg/ml | Sensitive |
| Ofloxacin | 0.5 µg/ml | Sensitive |
| Penicillin G | ~0.5 µg/ml | Sensitive |
| Tetracycline | ~0.5 µg/ml | Sensitive |
| Vancomycin | ~0.5 µg/ml | Sensitive |

Plate Growth:

- ▶ Identification...
 - ... what is taking so long?
- ▶ Pure plates vs. mixed plates
 - ▶ "re-isolating for more information"
- ▶ Poor vs. no plate growth plates
- ▶ Oddly behaving organisms



Plate Growth (GNR):¹

Plate Growth (GNR):¹⁷

- ▶ Gram Negatives:
 - ▶ Lactose fermentation:
 - ▶ Helps to distinguish between GNRs prior to formal ID.
 - ▶ Pseudomonas vs. other
 - ▶ MacConkey agar:
 - ▶ Inhibits gram-positive growth
 - ▶ Lactose Fermenting:
 - ▶ Lowers pH → red agar
 - ▶ Non-lactose fermenting:
 - ▶ Ammonia production raises pH → Clear/opaque agar

https://www.wikidocs.org/wiki/MacConkey_agar#/media/File:MacConkey_agar_with_L1_and_L1_cocci.jpg

Plate Growth (GNR):¹⁷

- ▶ Oxidase:
 - ▶ Assesses for presence of cytochrome oxidase
 - ▶ Not produced by Enterobacteriaceae
 - ▶ Produced by pseudomonas
 - ▶ Positive test = Purple stain (i.e. agent is oxidized)
 - ▶ Negative test = Colorless (i.e. agent remains reduced)

ASM MicrobioLibrary © Garland Science, Boston, MA
<http://www.microbioresources.net/oxidase-test-12917/>

Plate Growth (GPC):¹

Plate Growth (GPC):¹⁷

- ▶ Catalase:
 - ▶ $2H_2O_2 \rightarrow O_2 + H_2O$
 - ▶ O_2 released as gas = bubbles
 - ▶ Differentiates staphylococcus from streptococcus
 - ▶ Staphylococcus = catalase positive
 - ▶ Streptococcus = catalase negative

ASM MicrobioLibrary © Garland Science, Boston, MA
http://4.bp.blogspot.com/_pCW_Y0o2N0/UMF0p8UjUAA/AAAAAAAD0/mtwz-KUjg/160186-catalase-test-results.jpg

Plate Growth (GPC):¹⁷


- ▶ Catalase positive:
 - ▶ Latex agglutination:
 - ▶ Antibody for *S. aureus* on latex beads
 - ▶ Latex positive = *S. aureus*
 - ▶ Latex negative = CoNS
 - ▶ Coagulase:
 - ▶ Converts fibrinogen to fibrin clot with help of plasma factors
 - ▶ *S. aureus* = positive
 - ▶ *S. epidermidis* and other CoNS = negative
- ▶ Catalase negative:
 - ▶ Hemolysis:
 - ▶ Does it growth cause hemolysis of blood agar
 - ▶ Alpha = green = partial hemolysis
 - ▶ *S. viridans*
 - ▶ *S. pneumoniae*
 - ▶ Maybe *S. anginosus*
 - ▶ Beta = clear = full hemolysis
 - ▶ "Typeable" streptococcus
 - ▶ Group A, B, C, G
 - ▶ Gamma = red = no hemolysis
 - ▶ Enterococcus spp. (PYR)
 - ▶ Maybe *S. anginosus*

Organism Identification:

- Specimen received
- Initial gram stain (1-6 hours)
- Plated and grown (24-48 hours)
- Growth gram stain
- Organism identification (0-24 hours)
- Susceptibilities (18-24 hours)


Organism Identification:

- ▶ VITEK vs. Microscan vs. Phoenix
- ▶ PAMC = VITEK2
 - ▶ Performs both:
 - ▶ Organism identification
 - ▶ Susceptibilities
 - ▶ Automated broth microdilution (BMD)
 - ▶ We will come back to this!



Organism ID vs. Clinical Suspicion:

- Culture Source
- Method of Collection
- Suspicion for Contamination
- Gram stains



- Growth
- Organism ID

- ▶ Presence of Usual flora?
- ▶ Odd organism for culture source?
- ▶ Growth that doesn't match the initial gram stain?
- ▶ Initial gram stain that doesn't match the growth?

Susceptibilities:

- Specimen received
- Initial gram stain (1-6 hours)
- Plated and grown (24-48 hours)
- Growth gram stain
- Organism identification (0-24 hours)
- Susceptibilities (18-24 hours)

Susceptibilities:¹

| Susceptibility | VITEK | disk |
|---------------------------------|---------------------------------------|-----------|
| Clindamycin | $\leq 0.25 \mu\text{g/mL}$ | Sensitive |
| Erythromycin | $\leq 0.25 \mu\text{g/mL}$ | Sensitive |
| Quacilin | 0.5 $\mu\text{g/mL}$ | Resistant |
| Penicillin G | $\leq 0.5 \mu\text{g/mL}$ | Sensitive |
| Trimethoprim + Sulfamethoxazole | $\leq 10 \mu\text{g/mL}$ | Sensitive |
| Vancomycin | 1 $\mu\text{g/mL}$ | Sensitive |

Qualitative Results:

- Driven by MIC
- Actual determinant behind quantitative results
- Multiple methods (BMD vs. KB vs. E-test)

Valuable...but sometimes hard to interpret.


Quantitative Results:

- Susceptible
- Intermediate
- Resistant

User friendly...but perhaps oversimplified.

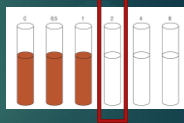
"Semi"-Qualitative Susceptibilities:¹

- ▶ Disk diffusion test (i.e. Kirby Bauer)
 - ▶ Grow bug → Drop Disk → Measure zone of inhibition
 - ▶ Susceptibility of organism is determined by "zone of inhibition"
 - ▶ Determined by CLSI standards
 - ▶ Varies depending on organism
 - ▶ Varies depending on drug
 - ▶ Generally:
 - ▶ Bigger zone of inhibition = more susceptible bug
 - ▶ Can perform multiple tests (up to 12) on same plate
 - ▶ Able to choose specific agents to test
 - ▶ Pros: Reliable, flexible, cheap, and simple
 - ▶ Cons: May be impacted by incubation temp or bacterial inoculum



Qualitative Susceptibilities:¹

- ▶ Minimum Inhibitory Concentration:
 - ▶ "The lowest antimicrobial concentration that prevents visible growth of an organism after ~24 hours of incubation in a specified growth medium"
- ▶ Susceptibility breakpoints determined by CLSI
- ▶ Traditionally
 - ▶ Macrotube dilution method vs. Solid agar
 - ▶ Labor intensive!
- ▶ Present day:
 - ▶ Automated
 - ▶ VITEK vs. Microscan (turbidity) vs. Phoenix
 - ▶ Epilometer Test (i.e. E-test)
- ▶ Tells us the level of susceptibility of an organism rather than just the interpretation of final level.
 - ▶ E. coli: Piperacillin/tazobactam \leq 4 vs. 32 mcg/mL
 - ▶ MRSA: Vancomycin $<$ 0.5 vs. 2 mcg/mL

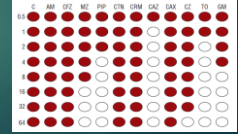


Qualitative Susceptibilities:¹

- ▶ Automated Broth Microdilution (BMD):
 - ▶ Inoculate card → Put in machine → Wait
 - ▶ Tests organism to multiple concentrations of multiple drugs
 - ▶ Drugs in card determined by manufacturer or card selected.
 - ▶ Determines organism MIC to multiple agents in single test
 - ▶ Run time = 18-24 hours
 - ▶ Pros: Easy, reliable, provides formal MIC
 - ▶ Cons: Requires machine (\$\$\$) and lacks flexibility in agent selection.

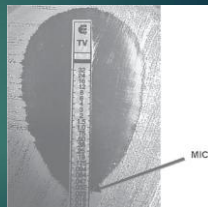


| Drug | Concentration | Result |
|---------------------------------|---------------|-----------|
| Clindamycin | 2-32 µg/mL | Sensitive |
| Echinolimus | 0.03-32 µg/mL | Sensitive |
| Oseltamivir | 0.5-32 µg/mL | Sensitive |
| Penicillin G | 0.03-32 µg/mL | Sensitive |
| Trimethoprim + Sulfamethoxazole | 1-16 µg/mL | Sensitive |
| Vancomycin | 0.03-32 µg/mL | Sensitive |



Qualitative Susceptibilities:^{1,18}

- ▶ Epilometer test (i.e. E-test)
 - ▶ Grow bug → Drop strip → look for ellipse/strip intersection.
 - ▶ E-Strip:
 - ▶ Single agent
 - ▶ Increasing concentrations
 - ▶ One strip per plate.
 - ▶ Has been at times to be more accurate than automated broth microdilution
 - ▶ Pros: Easy to perform, ? Easy to read, cheap
 - ▶ Cons: One per plate, ? Easy to read



Susceptibilities:

- ▶ Summary:
 1. Do you have qualitative, quantitative, or both?
 2. If qualitative, was it performed via BMD, E-test, or Kirby-Bauer?
 3. If BMD or E-test, just how susceptible was the organism (i.e. what was the MIC)?
- ▶ Select a therapy!
 1. What is the narrowest spectrum agent that treats all presently identified organisms?

Rapid Diagnostic Testing:¹⁷

Sensitivity vs. Specificity

Varies depending on testing method and specific test

- ▶ Sensitivity:
 - ▶ If a person **HAS** the disease how often will the test be positive?
 - ▶ I.e.
 - ▶ 10 influenza patients present and are swabbed for IA
 - ▶ Rapid flu swab (EA) detects 5/10.
 - ▶ Sensitivity = 50%
 - ▶ Rate of true positive vs. false negative.
- ▶ Specificity:
 - ▶ If a person does **NOT HAVE** the disease how often will the test be negative,
 - ▶ I.e.
 - ▶ 10 patients WITHOUT influenza present and are swabbed for IA
 - ▶ Rapid flu swab (EA) detects 2/10.
 - ▶ Specificity = 80%
 - ▶ Rate of true negative vs. false positive.

Rapid Diagnostic Testing (RDT):¹⁷

- ▶ Antibody testing:
 - ▶ Agglutination testing:
 - ▶ Antibodies (polyclonal or monoclonal) attached to latex beads and specimen introduced.
 - ▶ If lattice structure forms then antigen is present (antibody-antigen complexes)
 - ▶ Typically tested from growth (not generally from direct specimen)
 - ▶ Ex. S. aureus from plate growth
 - ▶ Enzyme immunoassay (EIA)/Enzyme-linked immunosorbent assay (ELISA):
 - ▶ Antibody coated wells/trays → Specimen (antigen) introduced → Well washed out → Second antibody introduced → Well washed out → coloring agent added.
 - ▶ Wells that change color = positive for antigen.
 - ▶ Typically tested direct from specimen
 - ▶ Ex. Influenza A and B, Ag IA (i.e. rapid flu swab)

Rapid Diagnostic Testing (RDT):^{1,17}

- ▶ Polymerase Chain Reaction (PCR / NAAT):
 - ▶ Testing done directly from collection specimen
 - ▶ Target amplification system
 - ▶ Amplifies SMALL sections of DNA using DNA polymerase and short oligonucleotide primers for detection.
 - ▶ If more than one primer used = improved sensitivity (multiplex PCR)
 - ▶ Ex: Respiratory viral pathogen panel (Biofire™)
 - ▶ Blood Culture Identification Panel (BCID)
 - ▶ GI Panel
 - ▶ Meningitis/Encephalitis Panel
 - ▶ C. diff, NAAT
- ▶ 16S rRNA:
 - ▶ Looks for specific section of ribosomal RNA that helps to identify specific organisms in a specimen.
 - ▶ Draws on LARGE bank of known sequencing vs. specific testing on specific platform
 - ▶ Testing of direct specimen

Rapid Diagnostic Testing (RDT):¹⁷

- ▶ Mass Spectrometry:
 - ▶ Matrix-assisted laser desorption ionization time-of-flight (MALDI-TOF)
 - ▶ Thin smear on metallic slide
 - ▶ Hit with pulses of laser
 - ▶ Desorbed and deionized particles then accelerated through electrostatic field and drifted through vacuum tube
 - ▶ Contact mass spectrometers detector
 - ▶ Different particles fly at different speeds which indicates the presence of components of specific organisms
 - ▶ Typically run off of organism growth

Rapid Diagnostic Testing (RDT):¹⁹

- ▶ Accelerate Diagnostics – Pheno™
 - ▶ Gel electro-filtration (GEF)
 - ▶ Sample loaded into gel well that contains pores smaller than bacterial cells
 - ▶ Electric current applied which removes cellular debris to isolate/concentrate bacterial cells
 - ▶ Electro-kinetic concentration (EKC)
 - ▶ Cells are drawn to surface where analysis will take place by exposure to mild electric charge.
 - ▶ FISH (Fluorescence in-situ hybridization)
 - ▶ Cells exposed to probes with fluorescent tags looking for specific nucleic acid sequences.
 - ▶ Fast phenotypic susceptibility testing
 - ▶ Cell exposed to single concentration of agent and time lapse imaging correlates growth patterns to MICs.

Patient Case: (HD1)

- ▶ Blood:
 - ▶ Drawn vial peripheral draw
 - ▶ Aerobic and anaerobic bottles drawn from 2 separate sites
 - ▶ In BACTEC and pending
- ▶ Urine:
 - ▶ Collected from foley
 - ▶ No gram-stain ordered
 - ▶ Plated and pending
- ▶ Respiratory:
 - ▶ Collected as endotracheal aspirate
 - ▶ Gram stain: 1+ usual respiratory flora (<10 WBC / 0 epithelial)
 - ▶ Plated and pending

Patient Case: (later on HD1)

- ▶ Blood:
 - ▶ 1/2 draws positive for gram-negative rods at 8 hours → plated
 - ▶ Collected from peripheral draw x 2 (aerobic and anaerobic on each)
- ▶ Urine:
 - ▶ Cultures currently pending
 - ▶ Collected from foley catheter
- ▶ Respiratory:
 - ▶ Cultures currently pending
 - ▶ Collected from ETA with initial gram stain (1+ URF, <10 WBC, 0 epithelial)

Patient Case: (HD2)

- ▶ Blood:
 - ▶ Growth of GNR on plates at 24 hours (lactose fermenter / oxidase negative)
 - ▶ Collected from peripheral draw x 2 (aerobic and anaerobic on each)
- ▶ Urine:
 - ▶ 40,000 cfu gram negative rods on plates at 24 hrs (lactose fermenter / oxidase negative)
 - ▶ Collected from foley (initial plate growth = >100,000 cfu GNR)
- ▶ Respiratory:
 - ▶ Plates growing 1+ usual respiratory flora (at 24 hours)
 - ▶ Collected from ETA with initial gram stain (1+ URF, <10 WBC, 0 epithelial)

Patient Case: (HD3)

- ▶ Blood:
 - ▶ E. coli identified as organism
- ▶ Urine:
 - ▶ E. coli identified as organism
- ▶ Respiratory:
 - ▶ Cultures "finaled" as 1+ "usual respiratory flora"
 - ▶ Collected from ETA with initial gram stain (1+ URF, <10 WBC, 0 epithelial)

Patient Case: (HD4)

- ▶ Blood:
 - ▶ E. coli identified as organism
- ▶ Urine:
 - ▶ E. coli identified as organism

| Blood culture positive, gram stain shows Gram-negative rods | | |
|---|---------------------------------|----------------------|
| In 1 of 4 sets drawn this date | | |
| Susceptibility | Antibiotic | Sensitivity |
| | Amoxicillin | >100 µg/mL Sensitive |
| | Amoxicillin + Sulbactam | >100 µg/mL Sensitive |
| | Cefazolin | >100 µg/mL Sensitive |
| | Cefepime | >100 µg/mL Sensitive |
| | Ceftriaxone | >100 µg/mL Sensitive |
| | Clindamycin | >100 µg/mL Sensitive |
| | Daptomycin | >100 µg/mL Sensitive |
| | Doxycycline | >100 µg/mL Sensitive |
| | Meropenem | >100 µg/mL Sensitive |
| | Moxifloxacin | >100 µg/mL Sensitive |
| | Netilmicin | >100 µg/mL Sensitive |
| | Trimethoprim + Sulfamethoxazole | >100 µg/mL Sensitive |
| | Ticarcillin + Clavulanic Acid | >100 µg/mL Sensitive |
| | Vancomycin | >100 µg/mL Sensitive |

* Interpretation can be used to predict the activity of Trimethoprim.

| Blood Culture | | |
|-------------------------------|---------------------------------|----------------------|
| #1000 CFU/ml Escherichia coli | | |
| Susceptibility | Antibiotic | Sensitivity |
| | Amoxicillin | >100 µg/mL Sensitive |
| | Amoxicillin + Sulbactam | >100 µg/mL Sensitive |
| | Cefazolin | >100 µg/mL Sensitive |
| | Cefepime | >100 µg/mL Sensitive |
| | Ceftriaxone | >100 µg/mL Sensitive |
| | Clindamycin | >100 µg/mL Sensitive |
| | Daptomycin | >100 µg/mL Sensitive |
| | Doxycycline | >100 µg/mL Sensitive |
| | Meropenem | >100 µg/mL Sensitive |
| | Moxifloxacin | >100 µg/mL Sensitive |
| | Netilmicin | >100 µg/mL Sensitive |
| | Trimethoprim + Sulfamethoxazole | >100 µg/mL Sensitive |
| | Ticarcillin + Clavulanic Acid | >100 µg/mL Sensitive |
| | Vancomycin | >100 µg/mL Sensitive |

* Interpretation can be used to predict the activity of Trimethoprim.

Learning Assessment:

1. T/F – Elevations in inflammatory biomarkers including (ESR, CRP, PCT, and WBC) indicate the presence of an infectious condition.
2. Which of the following is a catalase positive, coagulase positive, latex positive GPC?
 - ▶ **Staphylococcus aureus**
 - ▶ *Streptococcus pyogenes*
 - ▶ *Staphylococcus epidermidis*
 - ▶ *Streptococcus pneumoniae*
3. Which susceptibility testing method provides a formal MIC? (circle all that apply)
 - ▶ **Broth microdilution (BMD)**
 - ▶ **Epsilometer test (E-test)**
 - ▶ Kirby-Bauer disk diffusion

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